



Family Media and Technology Agreement

Presented By **ACCIDENTATTORNEYS.**ORG

All Family Members

We will never give out personal information such as our last name, address, phone number, city where we live, name of our school, or where we work.

We will not post or send pictures of others without their permission.

We will not give our passwords to anyone outside of the family.

We will not talk on the phone, text, or use a device while driving.

We will use common courtesy. We will not interrupt conversations and family activities to answer calls and texts. If a call has to be taken, we will leave the room to talk so that the rest of the family can carry on.

For shared devices, the last person to use it is responsible for charging it when they are finished.

Child(ren)

I will not create accounts or profiles without my parent's permission.

I will not download files or pictures without my parent's permission. They may contain viruses.

If anyone makes me feel pressured or uncomfortable, or acts inappropriately toward me online, I'll stop talking to that person and will tell a family member or trusted adult about it.

I will never meet with someone in person that I only know online. If someone online asks to meet with me, I will tell a parent right away.

I will not send or post pictures of myself, my family, my home, my school, the family car, or anything that might be identifying, without my parent's permission.

I know that anything I post or text can become public, and can be seen by anyone. It could get back to my parents, other family members, teachers, college admissions officers, and future employers. So, I will be very careful about what I post.

I also understand that once I send or post something, it is out of my hands and I cannot take it back. Even if I try to delete it, others may have already copied or forwarded it.

I will not bully or try to embarrass anyone online or using my phone, directly or by participating in bullying started by others.

I will not pretend that I created something that is not my own work.

I agree not to use technology to cheat on my schoolwork.

I know that I cannot believe everything I see or read online, and I will consider the credibility of the source before following any advice or passing along information.

I will use these Internet safety guidelines everywhere I go online, not just at home.

I understand that if media and technology use interfere with my school performance, family interactions, or other responsibilities, my media privileges will be restricted or taken away.

Parent(s)

I will initiate regular conversations with my child about his or her online behavior and interests.

If I do not understand a device, app, or website that my child uses, I will ask them to explain it to me and show me how it works.

I will take the time to learn about social networking, online gaming, and other sites and technology my child uses and enjoys.

If my child uses social networking I will create my own profile and “friend” my child.

I will learn about privacy controls and how to use them for myself and my family.

I will set limits on media and technology use for my child if it interferes with school performance, family interaction, and other responsibilities. In turn, I will not let my own media and technology use come before my family.

I will talk to my child about what worries me and why, and reflect on their input, before saying no.

~Signatures ~

Print Name _____ Sign _____ Date _____

Print Name _____ Sign _____ Date _____

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